

PTSD PEER SUPPORT GROUP

The last Thursday of the month at 7:00pm

Next Meetings: April 25th & May 30th, 2019

Royal Canadian Legion Steinbach

294 Lumber Ave (Across from the T.G. Smith Centre)



Anyone with **PTSD** is welcome to attend

Contacts:

Lou Savard – Founder & Group Facilitator 1-204-392-2235

Lesli Brandt – Group Facilitator 1-204-270-0279

Email: PTSDProjectsCanada@gmail.com

Suicide Prevention Hotline 1-833-456-4566 or text 45645

Additional monthly meetings available in the RM of Taché and Brandon. Please contact for more information.

PTSD PEER SUPPORT GROUP

Every second Thursday of the month at 7:00pm

Next meetings: April 11th & May 9th, 2019

RM of Taché Municipal office

28007 Mun 52N (corner of HWY 206 & PTH #1)



Anyone with **PTSD** is welcome to attend

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